

FOREO  
SWEDEN

# LUNA<sup>TM</sup> 3 MEN

DEEP FACIAL CLEANSING TOOL  
FOR SKIN & BEARD



ONLINE MANUAL

# FULL USER MANUAL

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## GETTING STARTED

Congratulations on taking the first step toward discovering smarter skincare by acquiring LUNA™ 3 MEN. Before you begin to enjoy all the benefits of sophisticated skincare technology in the comfort of your home, please take a few moments to carefully read the instructions in this manual.

Please READ ALL INSTRUCTIONS BEFORE USE and utilize this product only for its intended use as described in this manual.

⚠ WARNING: NO MODIFICATION OF THIS EQUIPMENT IS ALLOWED.

## LUNA™ 3 MEN OVERVIEW

Meet LUNA™ 3 MEN, the facial cleansing tool that takes care of your skin so you don't have to. Featuring gentle yet firm silicone touchpoints and T-Sonic™ technology, LUNA™ 3 MEN cleans and conditions your skin and beard, removing the grime of the day off your face in just 1 minute, while a targeted firming facial massage reduces the appearance of fine lines so skin looks toned and energized.

Used as part of your daily cleansing routine, LUNA™ 3 MEN's Cleansing Mode channels T-Sonic™ pulsations to provide a much deeper clean than washing by hand, lifting away dirt, oil and dead skin cells to reduce breakouts, remove ingrown hairs, prevent razor burn, and help razor blades last up to 2x longer.

The Firming Massage Mode can then be enjoyed by turning your LUNA™ 3 device around and pressing the concentric ridges on the back to your skin, while gentle T-Sonic™ pulsations deliver a relaxing massage that helps diminish visible signs of aging.

## GETTING TO KNOW YOUR DEVICE

### T-SONIC™ PULSATIONS

16 intensities & 8,000 pulsations per minute for deep and effective cleaning.

### BACTERIA-RESISTANT SILICONE

35x more hygienic than nylon bristles, BPA and phthalate-free, and suitable for all skin types.

### SMART SWEDISH DESIGN

Tailor-made for each skin type with no replacement brush heads required.

### CHARGING PORT

Up to 650 uses per charge. 100% waterproof closure.

### CONCENTRIC RIDGES

Deliver a firming facial massage that reduces the appearance of fine lines.

### UNIVERSAL POWER BUTTON

Turns device on and off and puts device in Bluetooth pairing mode.

### INDICATOR LIGHT

Flashes to indicate when device is in Bluetooth pairing mode and when device needs to be charged.



### INTERACTIVE FOREO APP

Control device settings and select your preferences



### USB CABLE

Charge anytime, anywhere with USB cable



### TRAVEL POUCH

Conveniently store device for skincare on the go



# UNLOCK YOUR DEVICE

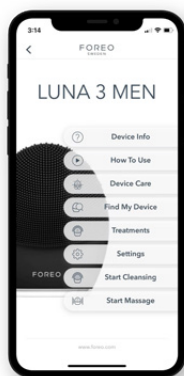
Before first use, download the FOREO For You mobile app to unlock and register your device. Follow these simple steps;

1. Download the FOREO For You app on your mobile phone
2. Log in to your account or sign up for a new one
3. Add device (on the top of your screen)
4. Choose device series
5. Press and hold the Power button to connect your device to the mobile app
6. Fill in the purchase information

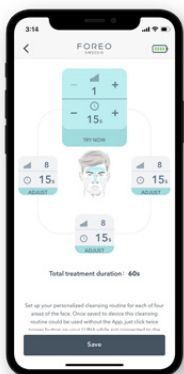
And your device is ready to use!



## FOREO FOR YOU MOBILE APP



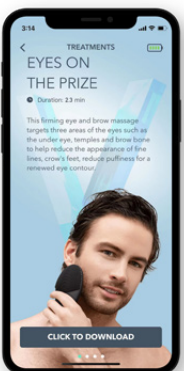
FOREO For You mobile app offers instructions on how to use and take care of your LUNA™ 3 MEN, control settings, access video-guided routines, and find your device in case you've misplaced it.



### SETTINGS

Set your preferences for Cleansing mode, and device will remember them for offline use.

Adjust the cleansing duration up to 240s and up to 16 intensities of T-Sonic™ pulsations for each part of your face- both cheeks, forehead, and jaw.



### TREATMENTS

Choose between 4 pre-programmed massage routines and simply follow video instructions.

- **Eyes on the Prize:** targets temples, undereye, and brow bone (2 min)
- **Nothing but Neck:** lifts and firms neck and décolleté (2 min)
- **Magic Mouth:** targets corners of mouth, jawline, and neck (2 min)
- **Contour Crazy:** sculpts cheeks, jaw, and neck (4 min)

Start Cleansing and Start Massage feature the Mirror mode, which allows you to use your mobile device as a mirror while performing the cleansing or massage treatments.

## HOW TO USE LUNA™ 3 MEN

### CLEANSING MODE

1. Dampen your face and apply your regular cleanser. Then dampen the device.
2. Press the universal button again to activate your device.
3. Cleanse using circular movements on cheeks, forehead and chin, gliding up and down the nose.
4. Press and hold button for 3 seconds to turn off device.
5. Rinse and pat your face dry.



NOTE: If the long silicone bristles become tangled, gently brush them in any direction to reset them to their normal position.

### FIRMING MASSAGE MODE

1. Apply FOREO serum to clean, dry skin.
2. Follow instructions in the FOREO app to activate your preferred firming massage routine.
3. Follow with moisturizer of your choice.

*\* Device will automatically switch off after routine is complete.*



## CLEANING YOUR DEVICE

Always clean LUNA™ 3 MEN thoroughly after use. Wash the brush surface with water and soap, then rinse with warm water. Avoid using clay-based, silicone-based or grainy cleansers, exfoliators or scrubs, as they may damage LUNA™ 3's soft silicone. Pat dry with a lint-free cloth or towel. After use, we recommend spraying the device with FOREO Silicone Cleaning Spray and rinsing with warm water for optimal results.

NOTE: Never use cleaning products containing alcohol, petrol or acetone, as they may irritate the skin and damage the silicone.

## COMPLEMENTARY PRODUCTS



### Micro-Foam Cleanser

This creamy cleanser transforms into delicate micro-bubbles that lift impurities from deep within pores, gently purify skin, and remove excess oil. Its special formula, containing skin-replenishing amino acids and vitamin E, helps moisturize and protect your skin so it's left feeling soft and looking vibrant.

DERMATOLOGIST TESTED - FRAGRANCE-FREE - VEGAN - CRUELTY-FREE



### SERUM SÉRUM SERUM

The ultra-soothing formula glides effortlessly over your skin and works seamlessly with LUNA 3 MEN's firming massage mode which improves the serum's efficiency. The antioxidant power of squalane gives your skin a healthy, youthful look, while Hyaluronic acid locks in moisture to give you softer, smoother, and super-hydrated skin.

DERMATOLOGIST TESTED - FRAGRANCE-FREE - CRUELTY-FREE

## IMPORTANT FOR OPTIMUM SAFETY:

- If you have a skin condition or any medical concerns, please consult a dermatologist before use.
- Cleansing with LUNA™ 3 MEN should be comfortable – if you experience discomfort, discontinue use immediately and consult a physician.
- Exercise particular care when cleansing the under-eye regions and do not bring the device into contact with the eyelids or eyes themselves.
- For reasons of hygiene, we do not recommend sharing your device with anyone else.
- Avoid leaving your device in direct sunlight and never expose it to extreme heat or boiling water.
- Close supervision is necessary when this device is used by, on, or near children, as well as those with reduced physical and mental abilities.
- Discontinue use if this product appears damaged in any way. This product contains no serviceable parts.
- Given the efficiency of the FOREO cleansing routine, we recommend that you do not use LUNA™ 3 MEN for more than 3 minutes at a time.
- Use this device only for its intended use as described in this manual. If you do not find the answer to your specific question, or if you have any other questions regarding the device's operation, please visit [foreo.com/support](https://foreo.com/support).

## TROUBLESHOOTING

### PRECAUTIONS TO BE TAKEN IN THE EVENT OF CHANGES IN THE PERFORMANCE OF LUNA™ 3 MEN.

If LUNA™ 3 MEN is not activated when pressing the center button:

- Battery is dead, Recharge using USB charging cable for 2 hours until fully charged and then restart your device by holding down the universal power button.

If LUNA™ 3 MEN cannot be switched off and/or interface buttons do not respond:

- Microprocessor is temporarily malfunctioning. Press and hold universal power button to restart the device.

If LUNA™ 3 MEN won't sync to the FOREO For You app:

- Ensure that your device is fully charged and that your Bluetooth is turned on.
- Switch your Bluetooth off and then on again to try reconnecting.
- Close the FOREO app and then reopen it to start the process over.
- Delete and reinstall the application - perhaps the application simply needs to be updated.
- After deleting and reinstalling the application, make sure to restart your phone.
- Delete your phone's cookies and cache memory
- Ensure that your mobile's operating system has been updated to the latest version.

## WARRANTY TERMS & CONDITIONS

### REGISTER WARRANTY

To activate your 2-Year Limited Warranty register through the FOREO For You app, or visit [foreo.com/product-registration](https://foreo.com/product-registration) for more information.

### 2-YEAR LIMITED WARRANTY

FOREO warrants this device for a period of TWO (2) YEARS (except in countries where national law requires longer minimum guarantee) after the original date of purchase against defects due to faulty workmanship or materials arising from normal use of the device. The warranty covers working parts that affect the function of the device. It does NOT cover cosmetic deterioration caused by fair wear and tear, or damage caused by accident, misuse or neglect. Any attempt to open or take apart the device (or its accessories) will void the warranty.

If you discover a defect and notify FOREO during the warranty period, FOREO will, at its discretion, replace the device free of charge. Claims under warranty must be supported by reasonable evidence that the date of the claim is within the warranty period. To validate your warranty, please keep your original purchase receipt together with these warranty conditions for the duration of the warranty period.

To claim your warranty, you must log in to your account at [www.foreo.com](https://www.foreo.com) and then select the option to make a warranty claim. Shipping costs are nonrefundable. This undertaking is in addition to your statutory rights as a consumer and does not affect those rights in any way.

## DISPOSAL INFORMATION

Disposal of old electronic equipment (applicable in the EU and other European countries with separate waste collection systems).



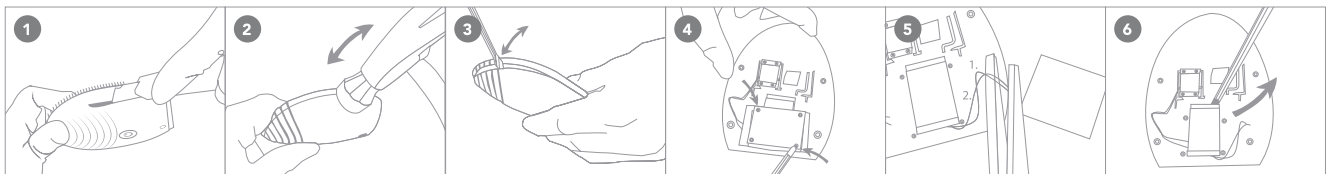
The crossed-out dustbin symbol indicates that this device should not be treated as household waste, but rather be brought to the appropriate collection point for recycling of electrical and electronic equipment. By ensuring this device is disposed of correctly, you will help prevent the potential negative consequences for the environment and human health which could be caused by inappropriate waste handling of the product. The recycling of materials will also help conserve natural resources.

For more information about the recycling of your device, please contact your local household waste disposal service or your place of purchase.

## BATTERY REMOVAL

**NOTE:** This process is not reversible. Opening the device will void its warranty. This action must only be undertaken when the device is ready to be disposed of.

Because this device contains a lithium-ion battery, the battery must be removed before disposal and should not be thrown away with household waste. To remove the battery, open the inner plastic shell after removing silicone outer layer and remove the battery to be disposed of in accordance with your local environmental regulations. Wear gloves during this process for your safety. Detailed visual instructions are provided below:



## SPECIFICATIONS

**MATERIALS:** Body-safe silicone & ABS plastic

**COLOR:** Black

**SIZE:** 102\*82.5\*39.2mm

**WEIGHT:** 126g

**BATTERY:** Li-ion 850mAh 3.7V

**USAGE:** Up to 650

**STANDBY:** 90 days

**FREQUENCY:** 100 Hz

**MAX NOISE LEVEL:** <50dB

**INTERFACE:** 1- button

**Disclaimer:** Users of this device do so at their own risk. Neither FOREO nor its retailers assume any responsibility or liability for any injuries or damages, physical or otherwise, resulting, directly or indirectly, from the use of this device. Further, FOREO reserves the right to revise this publication and to make changes from time to time in the contents thereof without obligation to notify any person of such revision or changes.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

**RF exposure statement:** This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

# FREQUENTLY ASKED QUESTIONS

## BASICS

### 1. WHAT SHOULD I DO AFTER I RECEIVE MY LUNA™ 3 MEN DEVICE?

Congratulations on discovering smarter skincare! First things first - download the FOREO For You app for free to unlock and register your device.

### 2. WHAT COMES WITH MY LUNA™ 3 MEN DEVICE?

1 LUNA™ 3 MEN Device, 1 USB Charging Cable, 1 User Manual, 1 Quick Start Guide, & 1 Travel Pouch.

### 3. HOW DO I TURN MY LUNA™ 3 MEN DEVICE ON AND OFF?

Press the power button on your LUNA™ 3 MEN device to turn it on, and hold it for 3 seconds to turn off the device. After completing a pre-set routine, the device will turn off automatically.

### 4. MY DEVICE IS NOT ACTIVATED WHEN PRESSING THE POWER BUTTON?

The battery is dead. Recharge using a USB charging cable until fully charged and then restart your device by holding down the power button.

### 5. HOW DO I CHARGE MY LUNA™ 3 MEN?

LUNA™ 3 MEN is USB-rechargeable, with a 2-hour charge delivering up to 650 uses (based on a 1-minute treatment time per use). The USB charging cable is provided with the device.

### 6. WHY DOESN'T MY CHARGER GO ALL THE WAY IN?

The charging cable for your LUNA™ 3 MEN is not supposed to go all the way into the device. It is completely normal for it to stick out a bit from the device.

### 7. MY CHARGE DIDN'T LAST 650 USES.

650 uses refer to 650 minutes, so the duration of the charge depends on how often and for how long the device is used.

### 8. IS THE CHARGING POINT ON LUNA™ 3 MEN WATERPROOF?

Yes, the charging point is waterproof which means you can safely use the device in the shower. Make sure the device is completely dry before charging and do not use it while charging. Once you are done using your device, store it in a dry area. Do not leave the device submerged in water.

## THE APP

### 9. WHY DO I HAVE TO DOWNLOAD THE APP BEFORE USING LUNA™ 3 MEN?

All app-enabled FOREO products need to be activated and unlocked via the FOREO For You App the first time they turn them on. This helps us protect against fake/copied FOREO products, and it makes it easier to register the warranty and protect your investment.

### 10. HOW DO I PAIR MY LUNA™ 3 MEN DEVICE WITH THE FOREO APP?

Download the FOREO For You app to your smartphone or tablet and turn on Bluetooth. Press the universal button on your device once to turn it on. A blinking white light indicates your device is in pairing mode. Follow the instructions in the app to register and pair your LUNA™ 3 MEN device.

### 11. DOES LUNA™ 3 MEN WORK WITHOUT THE APP?

Yes! The App helps you manage your device settings and access video-guided massages, but you can use LUNA™ 3 MEN cleansing mode manually. Simply press the power button to turn on device and press in once again to start the cleansing mode. Video-guided massage treatments can be accessed only through FOREO App.

## **12. I CAN'T REGISTER MY DEVICE OR MY DEVICE KEEPS DISCONNECTING. WHAT SHOULD I DO?**

Follow the steps to troubleshoot the FOREO For You application:

- 1) Delete and reinstall the application - perhaps the application simply needs to be updated
- 2) Ensure that your mobile's operating system has been updated to the latest version (ensure that your mobile phone is running the latest software update)
- 3) After deleting and reinstalling the application, make sure to restart your phone
- 3) Delete your phone's cookies and cache memory
- 5) Ensure that your device is fully charged and that your Bluetooth is turned on

## **USING LUNA™ 3 MEN**

### **13. HOW OFTEN CAN I USE MY LUNA™ 3 MEN DEVICE?**

LUNA™ 3 MEN devices are safe and gentle enough to use every day, either morning or night. We recommend using your LUNA™ 3 MEN any time your skin needs a deeper cleanse.

### **14. HOW LONG CAN I USE IT PER DAY?**

Given the efficiency of cleansing, we recommend that you do not use LUNA™ 3 MEN for more than 3 minutes per day.

### **15. CAN I SHARE MY LUNA™ 3 MEN WITH OTHER PEOPLE, SUCH AS FAMILY MEMBERS?**

For hygiene reasons, we do not recommend sharing your LUNA™ 3 MEN with anyone else.

### **16. CAN LUNA™ 3 MEN BE USED FOR REMOVING MAKEUP?**

All make-up should be removed before doing the cleansing routine with any of our devices.

### **17. HOW HARD SHOULD I PRESS WHEN I MOVE MY LUNA™ 3 MEN?**

There is no need to use any pressure when using LUNA™ 3 MEN. Gently cleanse your face using circular movements on the cheeks and forehead, gliding up and down the nose.

### **18. CAN I USE FOREO LUNA™ 3 MEN AROUND THE EYE AREA?**

Yes, you can use your LUNA™ 3 MEN around the eye area. When doing so, please exercise particular care in the under-eye regions and do not bring the device into contact with the eyelids or eyes themselves.

### **19. WHAT KIND OF FACIAL CLEANSER CAN I USE?**

You can use the cleanser of your preference as long as it does not contain an ingredient that can damage the silicone of your device. Please avoid using clay-based, silicone-based or grainy cleansers, exfoliators, or scrubs, as they may damage the device's soft silicone touchpoints. For best results, we recommend using FOREO Micro-Foam Cleanser.

### **20. CAN I USE LUNA™ 3 MEN IF I HAVE SKIN CONDITIONS SUCH AS ECZEMA OR IF I HAVE HAD A COSMETIC PROCEDURE SUCH AS BOTOX?**

We suggest that anyone who suffers from a serious skin condition or has undergone a cosmetic procedure consults their physician or skincare professional before using the device.

### **21. CAN I USE MY LUNA™ 3 MEN DURING PREGNANCY?**

Yes, LUNA™ 3 MEN is safe to use while pregnant or breastfeeding.

## **THE LUNA™ 3 MEN DEVICE**

### **22. HOW DO I ADJUST THE INTENSITY OF THE T-SONIC™ PULSATIONS?**

LUNA™ 3 MEN is designed with 16 different cleansing intensities for your selection, you need to connect your device to the FOREO app via Bluetooth to adjust and select your preferred user setting.

### **23. HOW DO I ACCESS THE FIRMING MESSAGE MODE?**

Connect your device to the FOREO app via Bluetooth to choose between 4 pre-programmed video-guided massage treatments.



## 24. WHAT ARE THE DIFFERENCES BETWEEN THE LUNA™ 3 MEN AND LUNA™ 2 MEN?

Both devices are amazing at lifting away dirt, oil, and excess sebum with a 1-minute cleansing routine while offering firming facial massages that leave the skin smoother and younger-looking. The main differences between both devices are:

- LUNA™ 3 MEN features 16 intensity levels of T-Sonic™ pulsations; LUNA™ 2 MEN features 12.
- LUNA™ 3 MEN is app-connected, so you can set up and save your personalized cleansing routine; plus, it also features the Mirror mode, which allows you to use your mobile device as a mirror while performing the cleansing. You can also track down your LUNA™ 3 MEN by going to the "Find my device" section on your device's index page.
- LUNA™ 3 MEN offers 4 video-guided massage routines: Eyes on the Prize, Nothing but Neck, Contour Crazy, and Magic Mouth.
- The silicone bristles of LUNA™ 3 MEN are 30% longer and 25% softer than the ones in LUNA™ 2 MEN.
- LUNA™ 3 MEN offers a battery autonomy of up to 650 one-minute uses; LUNA™ 2 MEN offers up to 450 one-minute uses.

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